

Health,  
Healing,  
Survivorship!



# ARIZONA ONCOLOGY FOUNDATION

Newsletter  
Volume 1, Issue 5  
October 2016

**Our Mission** – To provide support services to those whose lives are touched by cancer.

**Our Vision** – To promote health, healing, and survivorship to cancer patients and their families in our community. We believe, **together** is always better!

## Modality Spotlight

**Reiki** is a Japanese technique for reduction and relaxation that promotes healing. The treatment involves the practitioner placing their hands over the patient, and transmitting “life force energy” into the patient in order to restore the natural balance of energy within the body. This non-invasive form of natural healing works on a physical, mental, and spiritual level to reduce the likelihood of illness or development of stress. Reiki is simple, natural, safe, and effective for every known illness in which every person can benefit. Some of the most readily demonstrable benefits of Reiki include: pain relief, stress and anxiety reduction, relaxation and calming, centering and balancing, increase immunity, and self-healing. Reiki may also help patients who are undergoing cancer treatments and experiencing the effects of chemotherapy or radiation, before, during, or after.



## Save the Date!

### Kendra Scott Gives Back

October 6<sup>th</sup>, 11:00 AM – 2:00 PM  
Arizona Oncology Main Lobby  
603 N. Wilmot Road Suite 151

October 22<sup>nd</sup>, 1:00 PM – 4:00 PM  
La Encantada

### Breast Cancer Update

October 8<sup>th</sup>, 7:30AM – 1:30PM  
Westward Look Resort

### 4<sup>th</sup> Annual Festival of Trees

December 3<sup>rd</sup>, 6:15 PM  
Westin La Paloma Resort  
Get your tickets now! [More info.](#)



## October is Breast Cancer Awareness Month

**1 in 8 women** will be diagnosed with breast cancer in their lifetimes. Wear pink this month/ all month long to show support to those facing the fight! Our Breast Cancer Support Group meets every other Wednesday.



**2nd and 4<sup>th</sup> Wednesdays of the month**  
**4:30 PM – 6:00 PM**  
**2625 N Craycroft Rd.**

## New Therapist!

**Look who joined the team!** We want to welcome our new acupuncturist Anthony Della Croce! He hopes to help patients through his professionalism and kindness.



## Want to Support?

Enter “**The Millions for Tucson Raffle**” for your chance to win a new 2016 Ford Mustang Shelby GT350 donated by Mr. Jim Click, Jr. and **support AOF!** Tickets are \$25 each or five for \$100. Call (520) 870-6060 or visit our website to enter. Good luck! [Get raffle tickets!](#)



**Volunteers Needed!** We are looking for more volunteers to staff our Resource Centers in Tucson. If you are interested, please follow the link to sign-up!

<http://www.arizonaoncologyfoundation.org/volunteer/>

Also, **welcome** Susan Goodman and McKenzie Azevedo as new volunteers!

## What are people saying?

*“AOF contributed to my outlook and physical wellbeing! The therapies and emotional support has offered relief and re-enforcement of having a positive attitude to help get through times of despair and destitution. A very beneficial and most excellent resource with kind and gentle staff. The treatments have improved the crazy at times toxic effects of chemo infusions.”* – Campbell

## We are so thankful for...

**Thank-you** to all of our generous donors, supporters, and volunteers! **Strength** comes from **supporting** each other. It simply wouldn't be possible without **you!** Thank-you to those who donated in the month of August!

Margaret Gray	Marlene Croghan
National Hair Loss	Ambry Genetics
Genomic Health	Becky David
Anonymous	William & Margaret Alfsen
Anonymous	Ross Rutherford
Amazon Smile	Marilyn Wells
TriCo Electric Charitable Trust	G & L Stuppi
Michael Lorenz	Pamela Shea
Sheri Kerr	Reginald Westmacott
Arizona Oncology	Tucson Medical Center
John & Dolores Basden, MD	Staff at Arizona Oncology – CBO
Amy & Peter Romano	Staff at Arizona Oncology – Phx



**Thank-you** Angel Valley Funeral Home, Cox Media, Desert Diamond Casino, Elekta, Inc., Healthy Skin Dermatology, Home Depot – Oracle Rd., Jim Click Automotive, LA Photography, Pacific Office Automation, Quarles & Brady LLP, Radiology Ltd., Southwestern Surgery, Stellar Capital Management, Town West Development, Tucson Federal Credit Union, Tucson Medical Center, Walgreens, and The WLB Group for their sponsorship of our 4<sup>th</sup> Annual Festival of Trees!



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